

# DAY BY DAY

## IN MACHU PICCHU & SACRED VALLEY

A Sample of Five Day Itinerary in Machu Picchu & Sacred Valley, Perú

### Day 1

**WELCOME.** You are located at the heart of the **Sacred Valley of the Incas** in Peru, the starting point to explore these ancestral lands that welcome you and beckon you to feel a part of the Andean world view.

Our guides will welcome you and introduce the explorations that are best suited to you. You can start with a gentle walk along the orchards to immerse yourself in the **rural landscape** and its culture.

At sunset, relax in the spa of our **Casa de Baños Pumacahua**, the colonial retreat restored by Explora. The sense of unplugging from the world will stay with you far after your journey ends. For dinner, make sure you treat yourself to our menu, created by renowned Peruvian chef **Virgilio Martínez**, our partner in discovering authentic flavors in **peruvian cuisine**.

OLLANTAYTAMBO



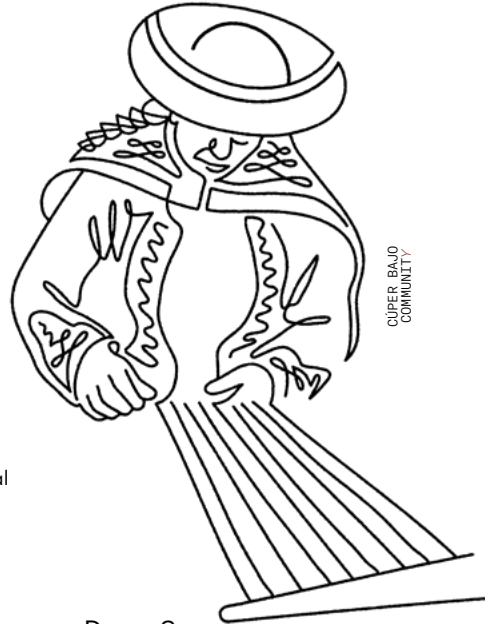
### Day 2

**TODAY WE ARE UP** for an early rise to reach **Machu Picchu**.\*

We will explore the famous historical sanctuary of Machu Picchu, one of the most impressive architectural expressions of the Inca civilization. We leave the lodge towards the train station in **Ollantaytambo**, where we take the train towards the town of **Aguas Calientes** and a bus to Machu Picchu. We will explore the site for three hours. Alternatively, we can walk to **Inti Punku** or the Sun Gate, the ancient checkpoint to enter the citadel.

In all our explorations, our guides will bring the place to life and they will be your travel companions as they have a great passion and in-depth knowledge of the local culture.

Remember to bring your water bottle with you, hydration is important to acclimate in the valley.



CUPER BAJO COMMUNITY

### Day 3

**THE DAY BRINGS** some of the most unique encounters of your trip to Sacred Valley of the Incas.

We will visit **Cúper Bajo**, a community of **female weavers** who will surprise you with the dedication to their craft. The door is open to share and talk with them. The conversation happens with no itinerary, helping you get to know and understand their culture.

Next, we will walk through agricultural terraces, the valley and the town of **Chinchero**, its streets and archaeological site. From there, we take an Inca road down to the valley.

### Day 4

**YOUR TRIP** won't be complete without an immersive exploration to Cusco, once the capital of the Inca Empire. With a panoramic view of the city, we will descend from the fortress of **Saqsaywaman** crossing the alleys of the colonial quarter of **San Blas** to reach the main square. Let yourself go, on your own or with our guides, through the **San Pedro market** and streets of Cusco, find the temple of Coricancha and the **Museum of Pre-Columbian Art** (ticket not included).

You will have a story to tell from every encounter we have inside the city.

### Day 5

**IN YOUR FINAL DAY**, the routes of the Inca trails await.

Choose one of our full day explorations on foot or bike if you are ready for more action. Your travel companions—along with your guide—will be the **ruins of Pisac**, the colonial village of the **Maras**, and the crop terraces, which have been cultivated since ancestral times by the **Quechua community**.

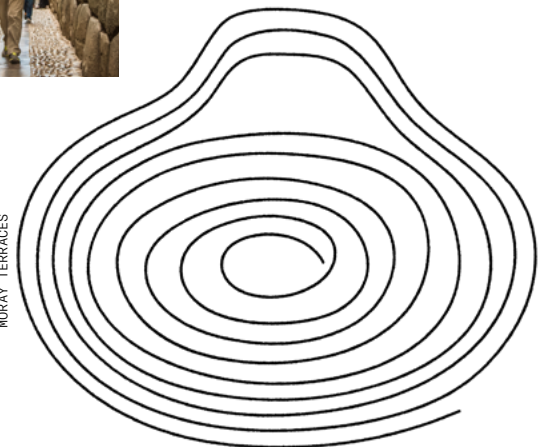
Back in the lodge, make sure you make the most of your last dinner in Sacred Valley. Try the refreshing **Chicha Morada**, a purple corn drink that will keep you revisiting the land of the Incas. As in every dish created by **Virgilio Martínez**, you'll find a story that brings back the aroma of Moray herbs, the salts of the Maras, or the multi-colored potatoes grown on the terraces.

Before you check out tomorrow, please sign our visitor's book. We would love to see you again soon.

CUSCO



MORAY TERRACES



EXPLORA LODGE



## Everything is included

Since we believe that it is important to leave all daily concerns behind, our lodges are all inclusive: explorations, food, beverage, and transport.

(\*) Reserve this exploration with at least 30 days in advance.